

Falling Dream Interpretation

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Dreams where you are falling are some of the most commonly reported dreams there are. Such dreams are one of the leading causes of sudden waking from a dream.

Let's begin by dispensing with the myth that if you hit the ground in your dreams you will die. There are plenty of fully alive human beings who have reported hitting the ground during their dreams of falling. The fact that these people were around to report this situation is proof that this myth is merely that – a myth.

Dreams of falling are most often interpreted as an indication of unresolved fears, anxieties, instabilities and insecurities. The person who experiences recurrent dreams where he or she is falling may be feeling overwhelmed by and unable to control certain situations in his or her waking life.

For instance, the dreamer may feel that his or her home or work life is out of control, and that he or she is unable to remain on top of the situation. This kind of generalized anxiety can easily manifest itself in a dream where he or she is out of control, such as a falling dream.

Falling often represents a loss of control, or feelings of helplessness on the part of the dreamer. After all, when you fall, you have no control over your direction or your pace. This feeling of being out of control and falling often represents similar feelings in the dreamer's waking life. Therefore, those who are troubled by such dreams should be encouraged to examine their life for the source of anxiety or fear and to confront the situation head on. Doing so often results in a lessening or even an elimination of dreams of falling.

Dreams of falling can also represent a sense of inferiority or a sense of failure in your personal or professional life. This fear could be a fear of failing in school, failing at your job, losing your social status, or failing in a relationship. People experiencing these situations are often troubled by dreams in which they are falling. These dreams of falling can represent a perceived failure to measure up to expectations or a fear of losing your status, losing an important person in your life, or just a generalized fear or failure.

The strict Freudian interpretation of a dream of falling was that such a dream indicated that the dreamer was contemplating giving into a sexual desire or sexual impulse.

Dreams of falling are most likely to take place during the first stage of sleep. That is because dreams at this stage are often accompanied by spasms of muscles in the arms, the legs or even the whole body. These sudden muscle contractions are known as a myclonic jerk. The dreaming mind can interpret these muscle spasms as falling and thus incorporate falling into the dream state. Often when dreamers experience this myclonic jerk, they awaken at feeling their body twitch. This fast reaction is part of the evolutionary mechanism that allows us to be awakened quickly in the presence of a threatening environment.

Those who do biblical and religious interpretations of dreams often see falling dreams as meaning that the dreamer is taking his or her cues from the world of man instead of turning to God for guidance and advice.

Ways of Selling Info Products Online

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There are several different methods that you can follow when finding products to sell online:

1. You can develop (or have others develop for you) the info products you are going to sell.
2. You can purchase private label rights to products developed by others and modify them to sell as your own.
3. You can locate info products in the public domain (more on this later) and package them for resale.
4. You can locate info products already created by others and purchase resale or master resale.
5. You can locate info products created by other people and sell them through affiliate programs.

Actually, my preferred method combines several of these models. Let's not get ahead of ourselves right now. When you are just starting out one of your biggest obstacles will be to stay focused. For this reason you will want to pick only one model and follow it as closely as possible, at least in the beginning. Later on you can try your hand at mixing up the methods to really maximize your profits!

One method of making money online is by publishing your own info products. Now, the way in which you accomplish this can be through items 1, 2 or 3 above. However, you can drastically change the profitability of your own info product by adding in components from item 4 or 5 above.

To create your own product you must first start with a topic. This should be the fun part of product creation. How do you

choose a topic? That's easy! First find a hungry group of buyers and then find a topic that either solves a problem they have or benefits them in some way.

Until you are certain that you have a HUNGRY group of buyers who HAVE MONEY and are interested in either solving a problem or who see a benefit in your product, don't even consider moving forward with your info product.

Airbrush Art on T-Shirts

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Putting airbrush art on T-shirts can be a fun and creative hobby. For those that want to take it a step further it can also be fun and exciting business. T-shirts containing airbrush art are popular and unique to wear. What makes airbrushed t-shirts so unique is that one of a kind images can be created giving the wearer a shirt that no one else has. Thus making for a pretty fun hobby or profitable business.

The great thing with airbrush art is that you really do not have to know how to draw. All you need to know how to do is successfully use the stencil that you wish to use for your design. The main key is learning how to control the airbrush gun so that you can get the paint only where you want it and not overcast the paint where you do not want it. Once you master that then your options are endless with the vast array of stencils out there.

A bottom feed or siphon feed airbrush works best when putting airbrush art onto a t-shirt. You should always stick with a name brand airbrush when airbrushing. You will save yourself money in the long run when using a name brand versus a generic airbrush.

When choosing an airbrush compressor keep in mind that putting airbrush art on t-shirts does require high pressure. The psi setting should be between 40 to 60. Make sure that your compressor is rated for the type of work you will be doing. In this case it will be airbrushing t-shirts. When airbrushing art onto t-shirts as a business then invest in a commercial air compressor. It will be worth it in the long run.

Most of the times you will need to heat set your paints so that they can be washed without fading or bleeding. There are a few ways that you can heat set your airbrush art onto the t-shirts so that it lasts. One way is allow the design to fully dry then place a cloth over it and iron the shirt with the cloth between the t-shirt and the iron. Always keep the iron moving though so that you do not burn the material. Another great way if you are doing this at home is to allow the design to dry then turn the shirt inside out and throw it into the dryer for about 40 to 45 minutes on the highest heat setting. After this your design will hold up when laundering.

If you use a paint that does not require heat setting then you should still set the design. A great way to do this with paints that do not require heat setting is to place the t-shirt by itself into a sink full of cold water that has salt mixed into it. The cold water and salt will help to keep the shirt when it is laundered from fading or bleeding.

Placing airbrush art onto t-shirts can be fun and exciting. But you are not limited to t-shirts. Get creative and airbrush designs onto cotton underwear for you significant other. Airbrush socks for your family. The possibilities with clothing and airbrush art are limitless.

Are Diamonds Really Rare?

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When you walk into a jewelry store and see all the diamonds in all of the various settings that are for sale, it is difficult to realize that diamonds are indeed rare. Most people don't even stop to consider how that diamond came to be sitting in that jeweler's case! There is quite a bit of work that is done before a diamond is ready to sell to the general public.

For every one million diamonds that are mined, only one will be found that is a quality one carat diamond. In order to find a two carat diamond, about five million diamonds must be mined. More than two hundred tons of ore must be mined to find one small diamond, and even then, more than 80% of the diamonds that are mined are only good for industrial use, such as diamond drill bits.

So, the next time you visit your local jewelry store, ask to see the one carat diamonds. You should look at this diamond with new appreciation – knowing that it truly is one in a million!

How to Properly Quit Your Job

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Are you currently unsatisfied with your job? If you are, you may be interested in exploring your other options. To do so, many individuals make the decision to turn in their resignation or to quit. If you are interested in quitting your job you will want to continue reading on. A few tips on how to properly terminate your current position are outlined below.

The best thing that you can do when looking to quit your job, involves giving your employer as much notice as possible. Many employers expect to receive at least two weeks worth of notice from those who are interested in seeking employment elsewhere. If at all possible you may want to consider giving more than two weeks notice. Unless you have a new job lined up, you may want to offer to stay until a replacement is found or until you are able to secure a new job.

When turning in your resignation you will want to do so in a formal matter. At all costs you will want to avoid quitting over the phone or in an email. You will want to type up a proper notice on your computer and submit a printout to your employer in-person. In your resignation letter be sure to thank your employer for giving you the opportunity to work with them, and so forth.

You will want to be sure to not “burn any bridges,” when quitting your current job. This is extremely important as you need to remember that your actions have consequences, possibly for years to come. Make sure that you are pleasant at all times. You will want deal with your bosses, coworkers, and anyone else that you may come into contact with in a happy pleasant matter. You never know when you may come back into contact with them and this is important to take into consideration when packing up your workplace belongings.

In keeping with packing up your workplace belongings you will want to ensure that you return all important documents or any other pieces of company property that you may have in your possession. Even if you are not asked, you will want to return all items that you didn't personally purchase yourself. In addition to preventing any misunderstandings, in terms of theft, you may also create a good, long lasting impression of yourself.

In all honesty, the best thing that you can do when looking to resign from your current job, is to use your best judgment.

For instance, you will not want to search and apply for new jobs and list your current job on your resume as a reference, especially if you have yet to officially submit your resignation. You will also, as previously stated, want to try and avoid quitting your job on impulse unless a serious situation arises, such as one that may put you in danger.

In keeping with using your best judgment you may want to put yourself in the place of your employer or your boss. What would you like to hear from yourself? This simple question will help to ensure that you submit your resignation in a matter that is deemed appropriate. You will want to ensure that you are able to get a good reference from your current employer for years to come.