Disclose Without Losing Authority

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Plan a workplace conversation about a personal crisis while preserving your chosen boundaries.

What this guide covers

- Decide what information to share with different people.
- Prepare concise messages and requests.
- Choose responses to questions you prefer not to answer.

Who this is for

For professionals navigating difficult personal circumstances at work.

Putting the ideas to use

Adapt the suggested scripts to your needs and available workplace support.

Book details

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Download availability: After payment, download the complete ZIP package or the included PDF separately.