Goldilocks Prompt Formula

November 11, 2026
A prompt-design framework for giving AI tools clearer context, constraints, and output expectations.

What this guide covers

- Structure prompts around a task, context, and intended result.
- Add useful limits and details to reduce ambiguity.
- Improve prompts through review and iteration.

Who this is for

For professionals and creators who use AI tools for drafting or structured tasks.

Putting the ideas to use

Use the formula on one recurring task and verify any generated facts or recommendations.

Book details

Format: Guide. Pages: 28. Words: 3326.

Download availability: After payment, download the complete ZIP package or the included PDF separately.