Pre-Interview Confidence Protocol

November 11, 2026
Organize the hours before an interview with a preparation checklist.

What this guide covers

- Plan materials and logistics.
- Practice grounding and interview preparation.
- Adjust the timeline to your circumstances.

Who this is for

For readers exploring this topic.

Putting the ideas to use

Choose a relevant exercise and adapt it to your circumstances.

Book details

Format: Guide. Pages: 14. Words: 970.

Download availability: After payment, download the complete ZIP package or the included PDF separately.