Three Small Wins System

November 11, 2026
Turn a larger objective into three small actions you can schedule and review.

What this guide covers

- Choose a meaningful objective.
- Define a few specific actions for the week.
- Reflect on progress and adjust the next set.

Who this is for

For readers who want a simple action-planning practice.

Putting the ideas to use

Choose a small first step that fits your current capacity.

Book details

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